

Tour de Dundas - 160km "Olympian" route		1069 m
Start	Dundas Driving Park	0
Straight	Go straight out of Driving Park along Cross St.	0.1
Right	Turn right onto Melville Street	0.4
Left	Turn left onto Market Street North	1.1
Straight	Market Street becomes Creighton Road	1.6
Right	Cross to bike path on south side of Governor's Road	2.3
Straight	Ignore *first* Old Governor's Road	7.6
Right	Turn right onto Old Governor's Road	8.9
Right	Turn right onto Inksetter Road	9.3
Left	Turn left onto Concession 2 West	11.8
Straight	Cross Highway 52 - No lights	13.0
Right	Keep right onto Harrisburg Road	25.5
Straight	Cross Highway 5 - No lights	26.8
Straight	Harrisburg Road becomes Sager Road	26.8
Right	Turn right onto Concession 5 West	31.0
Food	Rest Station - Sheffield Community Centre	33.2
Straight	Continue east on Concession 5 West	33.2
Right	Turn right onto Lynden Road	35.8
Left	Turn left onto Ainsley Road	36.7
Slight Right	Turn right onto Concession 5 West	38.6
Straight	Cross Highway 8 - No lights	39.1
Left	Turn left onto Millgrove Side Road	54.4
Straight	Cross Highway 6 at lights	55.1
Straight	Straight on Concession 6 East	55.1
Left	Turn left onto Centre Road	57.9
Food	Rest Station - Cascata Bistro	63.2
Right	Turn right onto Concession 14 Road East	71.8
Straight	Straight onto McCrae Station Rd	72.3
Straight	Watson Road begins	72.9
Right	Turn right onto Wellington Road 34	80.2
Left	Turn left onto Watson Road S	80.4

Food	Rest station - Flow State Bike Co.	86.2
Right	Turn right onto Arkell Road, 37	86.2
Left	Turn left onto First Line Nassagaweya	89.9
Right	Turn right onto Barden Street	91.4
Right	Turn right onto York Street	92.3
Slight Left	Turn slight left onto Wilson Street	92.7
Right	Turn right onto Fourth Line Nassagaweya	95.9
Right	Ten Side Rd begins	109.4
Left	Turn left onto First Line Nassagaweya	113.7
Left	Turn left onto 3 Side Road	118.2
Right	Turn right onto Twiss Road	120.1
Slight Right	Turn slight right onto Kilbride Street	125.9
Straight	Kilbride St becomes Carlisle Rd	128.7
Food	Rest Station - Cascata Bistro	131.7
Left	Turn left onto Centre Road	131.7
Right	Turn right onto Concession 6 East	137.0
Straight	Cross Hwy 6 at lights	139.8
Slight Left	Continue south on Millgrove Sideroad	139.9
Right	Turn right onto Concession 4 West	142.5
Left	Turn left onto Middletown Road	150.0
Straight	Cross Highway 5 - No lights	152.1
Left	Turn left onto Highway 8	154.1
Right	Turn right onto Weirs Lane	155.7
1st Category	Caution. Test your brakes. Prepare for 10% descent.	156.4
Left	Turn left onto Governors Road, 99	157.9
Left	Turn left onto Creighton Road	161.1
Straight	Cross King St at lights	162.1
Right	Turn right onto Melville Street	162.3
Left	Turn left onto Cross Street	163.0
Slight Right	Keep right in park. Proceed to sign-in desk.	163.2
End	Meal vouchers at sign-in desk	163.5